

## **Don't Miss Your Health Screening!**

Shelby and Havre area State Plan members, please take advantage of the opportunity to get your health screening done. These are the last screenings of the year in your location!

Dear State Plan Member,

This is your LAST opportunity to complete your health screening in Havre or Shelby in 2020. A State-Sponsored health screening is the first step toward earning your Live Life Well Incentive!

If you can't make it to the June Shelby or Havre events, you may also schedule your State-sponsored health screening at a Montana Health Center in Anaconda, Billings, Butte, Helena, Missoula, **OR** at an <u>off-site event</u> (such as those listed below). A State-Sponsored health screening is the first step toward earning your <u>Live Life Well Incentive!</u>

Please follow the directions below to make your screening appointment.

#### Appointments are Required

- 1. Log in at <u>carehere.com</u> or call (855) 200-6822. (First time registration code MANA9.)
- 2. Click on "Make Appointment."
- 3. Select "Nurse & Labs."
- 4. Select your date or range of dates. You can select a range of dates by clicking on the first date then clicking on the last date in your desired range.
- 5. Select the appointment option you prefer from the options given, or change your date range and try again.
- 6. Fill in "health screening" as the reason for your visit.
- 7. Select how you would like to be reminded of your appointment by selecting the drop-down menu next to "How would you like to be reminded of your appointment?"
- 8. Click on "Confirm Appointment."
- 9. If you cannot attend your scheduled appointment for any reason, cancel your appointment as soon as you know you won't be able to make it. Do not schedule multiple appointments.

Schedule your appointment now to ensure you get your preferred date and to allow screening staff sufficient time to prepare for your appointment.

#### Below are the off-site screenings coming up in June:\*

6/9/20	6:00-11:00 AM	KALISPELL	HAMPTON INN	NORTHFORK ROOM
6/10/20	6:00-11:00 AM	KALISPELL	HAMPTON INN	NORTHFORK ROOM
6/11/20	6:00-11:00 AM	KALISPELL	HAMPTON INN	NORTHFORK ROOM
6/23/20	6:00-11:00 AM	SHELBY	MARIAS RIVER ELECTRIC CO-OP	N/A
6/24/20	6:00-11:00 AM	HAVRE	BEST WESTERN GREAT NORTHERN	EMPIRE BUILDER
6/25/20	6:00-11:00 AM	HAVRE	BEST WESTERN GREAT NORTHERN	EMPIRE BUILDER

<sup>\*</sup>You can find the full schedule at <a href="http://healthcenter.mt.gov/Health-Screenings">http://healthcenter.mt.gov/Health-Screenings</a>.

The State Plan covers one State-sponsored screening each Plan Year for members 18 years or older.

# PLEASE NOTE: For face-to-face appointments and health screenings (including off-site events)

- All patients coming to the health center or to an off-site health screening event will be asked COVID screening questions and have their temperature taken. If the COVID screening is positive and/or the temperature reading is 100 degrees Fahrenheit or greater, the appointment must be rescheduled, or if possible, completed over the telephone.
- Patients must bring their own face mask and wear it for face-to-face interactions including off-site State-sponsored health screening events. Due to personal protective equipment (PPE) shortages, this is crucial. If you cannot gain access to a face mask, please let the health center know prior to arriving for your appointment.
- Only patients will be allowed to enter the health center or off-site screening events family members or other guests will not be permitted if not necessary.
- Waiting rooms are limited to 2-3 patients at one time. If more than 3 patients are waiting to
  be seen, excess patients will be requested to wait in their vehicle until their turn. Once
  inside the health center or off-site screening event, please remember to maintain at
  least 6 feet of distance from others if possible.
- If you need to add a A1C, TSH, or PSA, you must bring a prescription/doctor's orders with you to your appointment. No other tests can be added to off-site

**screenings.** If you are attending a screening at a health center, you may be able to add other lab (blood) tests with a prescription/doctor's orders.

For assistance, please contact CareHere at 855-200-6822 or <a href="mailto:help.montana@carehere.com">help.montana@carehere.com</a>

### **State of Montana Health Care & Benefits Division**

Call (406) 444-7462 or Toll-Free (800) 287-8266

Hearing Impaired TTY (406) 444-1421 - Fax (406) 444-0080

Email benefitsquestions@mt.gov

PO Box 200130, 100 N. Park Avenue, Suite 320, Helena, MT 59620-0130

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-999-1062 (TTY: 1-855-999-1063).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-855-999-1062 (TTY: 1-855-999-1063).